



# Ladies' Group



## July Get-Together

Guest Speaker:

**LESLEY  
EGGLESTONE**



Enjoy catching up with friends both new and not-so-new over a relaxed Morning Tea then listen to Lesley's inspiring and practical talk on living well at every age.

Drawing on her experience in healthcare and health coaching, Lesley shares simple strategies for maintaining wellbeing, purpose, and joy through life's changing seasons. Be encouraged to embrace aging with confidence, resilience, and vitality.



Please RSVP to  
Sharlene 021 105 4477

**WHEN:**

Saturday 25<sup>th</sup> July '26

10am - 11.30am

**WHERE:**

Drury Presbyterian  
Church Hall,

38 Norrie Road, Drury